



Lunch & Learn 2025

Wild Duck Inn, Main Street Portglenone – Lunch & Learn is from 12 noon – 2.00pm

JANUARY	30 January 2025	Sing a long	Colin Urwin
FEBRUARY	27 February 2025	Healthy Eating	Heart Chest & Stroke
MARCH	27 March 2025	Library Services	Libraries NI
APRIL	24 April 2025	History of Belfast	Alan Rosborough
MAY	29 May 2025	Healthy bites	Una Condon
JUNE	26 June 2025	Trip	
JULY	31 July 2025	Gardening	Ballymena Garden Club
AUGUST	28 August 2025	Trips and Hazards	Mid & East Antrim Borough Council
SEPTEMBER	25 September 2025	Water Services	N I Water
OCTOBER	30 October 2025	Support Organisations	Various
NOVEMBER	27 November 2025	Consumer Rights	Consumer Council
DECEMBER	11 December 2025	Slow Cooking	Mid & East Antrim Borough Council

Booking is essential for all events through your local community groups which are as follows:

CLONEY RURAL DEVELOPMENT ASSOCIATION:

T: 028 2587 1588, E: tgraham53@btinternet.com

CULLYBACKEY COMMUNITY PARTNERSHIP

T: 028 2588 2281, E: cullybackey@nacn.org

GRANGE CROSS COMMUNITY ASSOCIATION

T: 07860 653 409 E: ivan_johnston@hotmail.com

HILLSTOWN RURAL COMMUNITY GROUP

T: 07900 608 685 E: alannicholl@btinternet.com

PORTGLENONE ENTERPRISE GROUP

T: 028 25820150 E: office@portglenone.net

TULLYGARLEY & DISTRICT RESIDENT'S ASSOCIATION

T: 07733 354 627 E: johncarson473@outlook.com

Cost £5 per person for the monthly events.

Each trip is £12 per person.

WILD DUCK INN, MAIN STREET PORTGLENONE

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Any queries contact:

Bann Maine West Community Cluster

T: 07821 260 158 E: projects@bannmainewest.co.uk

**c/o The Hub Giftshop, 86 Main Street,
Cullybackey. BT42 1BW**



Lunch & Learn 2025

For rural, older people living in the Bannside area



EVENT CALENDAR 2025

www.bannmainewest.co.uk | Charity No. 100828

